



LUNCH MENU

Across our Santa Monica Proper dining destinations we're dedicated to supporting both a healthy lifestyle & the work of California farms, purveyors, and fisheries. Our menus spotlight quality-driven, seasonal, and organic ingredients—focusing on produce from local farmers' markets, humanely-raised & grassfed meat, and sustainable seafood sourced through a partnership with the Monterey Bay Aquarium Seafood Watch Program.

SMALL BITES

- FRITTO MISTO** 24
calamari, zucchini, gremolata, Calabrian chili aioli
- PROSCIUTTO & BURRATA** 32
crushed San Marzano tomato, rustic sourdough
- ROMAN ARTICHOKE** 25 VG
chili flakes, Meyer lemon aioli
- PEA & AVOCADO DIP** 21 V GF
farmer's market crudité, basil oil

LARGE BITES

- PAN SEARED SALMON** 40 GF DF
grilled corn and tomato salad, charred scallion salsa verde
- PESTO BUCATINI** 30 VG
preserved lemon, burrata
- PALMA CHICKEN SANDWICH** 30
provolone cheese, piquillo pepper relish, Meyer lemon aioli, watercress
- PALMA BURGER** 35
Point Reyes blue cheese, fig jam, garlic aioli, wild rocket arugula, brioche bun served with choice of french fries or market green salad
- PLANT BURGER** 26 V
plant based patty, pickled onion, sweet basil aioli, vegan cheddar cheese, arugula, vegan bun served with choice of french fries or market green salad

SALADS

- BLACK GARLIC CAESAR** 24
little gem, torn croutons, Parmigiano Reggiano
- GRILLED SHRIMP COBB** 30
grilled corn, pancetta, heirloom cherry tomato, Hass avocado, Meyer lemon cream

ADD-ONS

- avocado +6 | grilled chicken +16
- seared salmon +22 | grilled shrimp +18

DESSERT

- CHOCOLATE CAKE** 16
dark chocolate cremeux, whipped coffee ganache
- SICILIAN OLIVE OIL CAKE** 15 VG
farmer's market strawberries, whipped mascarpone
- CITRUS & CREAM** 15 V GF
mandarin granita, coconut sorbet, citrus crisp
- GELATO & SORBET** 10
salted caramel, vanilla bean, raspberry (v)

WINE BY THE GLASS

SPARKLING

- GAMBINO** Prosecco, Valdobbiadene, ITA, NV 18
- RUINART ROSE** Champagne Brut Rosé, Champagne, FRA, NV 40

WHITE

- CLOS DU ROY** Sancerre, Loire Valley, FRA, 2021 19
- INCEPTION** Chardonnay, Santa Barbara, USA 2021 19
- LIVIO FELLUGA** Pinot Grigio, ITA, 2022 16
- IL MASSO** Pinot Grigio, Friuli, ITA, NV 16

ROSE / ORANGE

- DOMAINE SAINT-PONS** Rosé, Provence, FRA 2021 18
- PANDA JUICE** Orange, North Coast, CA 2020 26

RED

- BROWNE FAMILY** Pinot Noir, Willamette Valley, USA 2020 20
- FOLEY JOHNSON** Cabernet Sauvignon, Napa Valley, USA 25

BEER

- PERONI** Pilsner, Rome, ITA 10
- TRUMER** Pilsner, Fort Bragg, CA 10
- THREE WEAVERS EXPATRIATE** 10
India Pale Ale, Inglewood, CA
- ERDINGER** Non-Alcoholic, Hefeweizen, Germany 9

SIGNATURE COCKTAILS

ITALIAN GIN & TONIC 22

Italicus, Malfy gin, rosé, grapefruit

COLADA MILK PUNCH 22

Bacardi rum, pineapple, lemon juice, coconut water, Limoncello, Bergamot
*contains dairy

MED MARTINI 23

Nolet's gin, maraschino, olive oil, sweet vermouth

SANTA MONICA

CLOUD 20

Ketel One vodka, St. Germaine, raspberries, strawberry purée, lemon, egg white

PROPER JET 20

Bulleit Bourbon, Cynar, Aperol, lemon

PROPER MARTINI 26

Choice of Ketel One or Aviation Gin, dry vermouth, blue cheese olives, served chilled up

SPICY, NAKED, & FAMOUS 22

Mezcal, Aperol, chartreuse, pineapple juice, bitters, lime

AMERICANO 21

Campari, vermouth, soda, orange zest

V | VEGAN GF | GLUTEN FREE VG | VEGETARIAN DF | DAIRY FREE RF | RAW FOOD N | CONTAINS NUTS

For parties of 6 or more guests, Santa Monica Proper adds a 20% service charge that goes directly to its colleagues.

Warning: certain foods and beverages sold or served here can expose you to chemicals including Acrylamide in many fried or baked foods, and Mercury in fish, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.p65warnings.ca.gov/restaurant.

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



WELLNESS MENU

SURYA SPA AYURVEDIC BLENDS

Our exclusive Ayurvedic Lattes are specially curated by Surya spa's founder and western leader of Ayurvedic Medicine, Martha Soffer. Ayurveda is a comprehensive system of health and well-being, born in India over 10,000 years ago. Practices such as yoga, meditation and natural medicine all work together to create balance and health in body, mind and spirit.

BRAINPOWER LATTE 15

QUICKEN THE MIND AND STRENGTHEN YOUR MEMORY.
A LATTE FOR PRODUCTIVITY, MADE WITH NATURAL HERBS.

Brahmi • Dandy Blend • Superfood Creamer
Served with milk of your choice. Sweetened upon request with organic date sugar from Coachella Valley

WHOLE BODY ENERGY LATTE 15

ENHANCE AND ENLIVEN WITHOUT CAFFEINE.
A LATTE FOR FULL BODY ENERGY, MADE FROM ADAPTOGENIC HERBS AND MUSHROOMS.

Cordyceps • Ashwagandha • Kapikacchu • Dandy Blend • Superfood Creamer
Served with milk of your choice. Sweetened with organic date sugar from Coachella Valley

HEALING HOT CHOCOLATE 15

BOLD AND CREAMY CACAO TO ENRICH THE BODY & MIND.
A HEART-OPENING LATTE, MADE WITH HEALING ANTIOXIDANTS.

Cacao • Cinnamon • Chaga • Cordyceps • Lion's Mane • Maitake
Served with milk of your choice. Sweetened with organic date sugar from Coachella Valley

MIGHTY TURMERIC LATTE 15

WARMING, ENERGIZING, AND DEEPLY NOURISHING.
A GROUNDING LATTE, MADE WITH ANTI-INFLAMMATORY PLANT MEDICINE.

Turmeric • Ginger • Astragalus • Tulsi • Pepper
Served with milk of your choice.

AYURVEDIC DETOX TEA 14

A REVITALIZING TEA THAT CLEANSSES AND DETOXIFIES WHILE AIDING DIGESTION, METABOLISM AND IMMUNITY.

Cumin Seed • Coriander Seed • Fennel Seed
from Mountain Rose Herbs

SURYA SPA IS LOCATED ON THE GROUND FLOOR OF THE SANTA MONICA PROPER HOTEL, FACING WILSHIRE BLVD.
BOOK YOUR WELLNESS TREATMENTS ONLINE AT SURYASPA.COM.

WELLNESS JUICES

SUNSHINE 18

orange, apple, aloe vera, tumeric, lemon, black pepper
supports immune & digestive health

MORNING GREENS 18

cucumber, celery, spinach, lemon, kale, parsley
immune system reboot & boosts energy

BEETLE 18

apple, lemon, ginger, beet
powerful anti-inflammatory & supports immune system

SWEET CITRUS 18

apple, pineapple, lemon, mint
supports immune system & digestive health

JUICES 10

choice of orange, grapefruit or pineapple

FRESH SMOOTHIES

BLENDED WITH YOUR CHOICE OF PLANT-BASED MILK:
ALMOND, COCONUT, OR OAT MILK

PACIFIC BLUE 20 V GF

blue spirulina, coconut, dates, pineapple, blueberries, banana

SUPER GREENS 20 V GF

banana, baby spinach, green superfood, young coconut meat

MUSCLE BEACH 20 V GF N

Form chocolate peanut vegan protein powder, maca, banana

AMAZON BERRY 20 V GF N

açai, banana, market berries, bee pollen, coconut, raw honey

STRAWBERRY GLOW 20 V GF

Moon Juice collagen powder, strawberries, coconut, banana

CAFFE

FROM OUR FRIENDS AT COUNTER CULTURE
SERVED WITH YOUR CHOICE OF MILK

ESPRESSO 7

AMERICANO 7

CAPPUCCINO 8

LATTE 8

ORGANIC POWDER ADD-INS

FORM VANILLA VEGAN PROTEIN POWDER +6 V GF

MOON JUICE COLLAGEN POWDER +4 V GF

supports muscle and bone health, improves skin health, improves hydration, supports natural collagen production, plant-based

AMAZING GRASS GREENS BLEND SUPERFOOD +4 V GF

supports digestive health & immunity source of energy, vitamins, fibers & antioxidants

NAVITAS MACA SUPERFOOD +6 V GF

increases stamina & energy
regulates mood, sleep & metabolism

V | VEGAN GF | GLUTEN FREE VG | VEGETARIAN DF | DAIRY FREE RF | RAW FOOD N | CONTAINS NUTS