



BRUNCH MENU

Across our Santa Monica Proper dining destinations we're dedicated to supporting both a healthy lifestyle & the work of California farms, purveyors, and fisheries. Our menus spotlight quality-driven, seasonal, and organic ingredients—focusing on produce from local farmers' markets, humanely-raised & grassfed meat, and sustainable seafood sourced through a partnership with the Monterey Bay Aquarium Seafood Watch Program.

WELLNESS BOWLS

OVERNIGHTS OATS 20 V GF N

flax seeds, chia seeds, blueberries, goji berries, toasted coconut, almond milk

GREEK YOGURT PARFAIT 20 GF N

sumac yogurt, berries, banana, hemp seed granola, Flamingo Estate raw honey

TOASTS

SB SMOKED SALMON 30

Santa Barbara Smokehouse salmon, pickled mustard seed, whipped labneh, preserved lemon, capers, open-faced bagel

AVOCADO TOAST 21 V

Hass avocado, sunflower seed salsa macha, cilantro, pickled shallot, seeded wheat bread

ADD 2 EGGS ANY STYLE +6 | BACON +5

PALMA FAVORITES

PALMA BURGER 35

gorgonzola cheese, fig chutney, wild rocket arugula, brioche bun served with choice of french fries or market green salad

WHOLE GRAIN PANCAKES 25 GF N

almond butter, banana, blueberries, toasted hemp seed granola, maple syrup

EGGS BENEDICT 27

poached eggs, sourdough toast, arugula & confit baby tomato salad, prosciutto, Meyer lemon hollandaise

PROPER BREAKFAST 35

two pasture raised eggs any style, sprouted hash brown, avocado, sautéed kale, toast, choice of chicken apple sausage or bacon, choice of juice or drip coffee

BREAKFAST BURRITO 25

scrambled eggs, chorizo, crispy potatoes, queso Chihuahua, fire roasted salsa, Hass avocado

PALMA CHICKEN SANDWICH 30

provolone cheese, piquillo pepper relish, Meyer lemon aioli, watercress

SALADS

BLACK GARLIC CAESAR 24

little gem, torn croutons, Parmigiano Reggiano

GRILLED SHRIMP COBB 30

grilled corn, pancetta, heirloom cherry tomatoes, hass avocado, Meyer lemon cream

SIDES

MARKET FRUIT & BERRIES 15

from the Santa Monica Farmers Market

BREAKFAST PROTEIN 8

applewood smoked bacon (+2), chicken sausage or smoked salmon (+2)

TRUFFLE FRIES 20

MORNING LIBATIONS

BOTTOMLESS BUBBLES 50

Choice of juice:

peach, orange, pineapple, grapefruit

PROPER BLOODY 21

Ketel One Vodka, tomato juice, olive brine, lime juice, traditional garnishes

ESPRESSO MARTINI 21

Kahlua, vodka, Counter Culture espresso

RUINART BOTTLE 145

Choice of bottle on ice
Ruinart Blanc de Blancs
Ruinart Rosé champagne

PROSECCO BOTTLE 80

Choice of bottle on ice
Brut or Rosé
Includes choice of juice:

peach, orange, pineapple, grapefruit

For parties of 6 or more guests, Santa Monica Proper adds a 20% service charge that goes directly to its colleagues
Warning: certain foods and beverages sold or served here can expose you to chemicals including Acrylamide in many fried or baked foods, and Mercury in fish, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.p65warnings.ca.gov/restaurant.
Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions .

V | VEGAN GF | GLUTEN FREE VG | VEGETARIAN V | VEGAN GF | GLUTEN FREE VG | VEGETARIAN DF | DAIRY FREE RF | RAW FOOD N | CONTAINS NUTS



WELLNESS MENU

SURYA SPA AYURVEDIC BLENDS

Our exclusive Ayurvedic Lattes are specially curated by Surya spa's founder and western leader of Ayurvedic Medicine, Martha Soffer. Ayurveda is a comprehensive system of health and well-being, born in India over 10,000 years ago. Practices such as yoga, meditation and natural medicine all work together to create balance and health in body, mind and spirit.

BRAINPOWER LATTE 15

QUICKEN THE MIND AND STRENGTHEN YOUR MEMORY.
A LATTE FOR PRODUCTIVITY, MADE WITH NATURAL HERBS.

Brahmi • Dandy Blend • Superfood Creamer

Served with milk of your choice. Sweetened upon request with organic date sugar from Coachella Valley

WHOLE BODY ENERGY LATTE 15

ENHANCE AND ENLIVEN WITHOUT CAFFEINE.
A LATTE FOR FULL BODY ENERGY, MADE FROM ADAPTOGENIC HERBS AND MUSHROOMS.

Cordyceps • Ashwagandha • Kapikacchu • Dandy Blend • Superfood Creamer

Served with milk of your choice. Sweetened with organic date sugar from Coachella Valley

HEALING HOT CHOCOLATE 15

BOLD AND CREAMY CACAO TO ENRICH THE BODY & MIND.
A HEART-OPENING LATTE, MADE WITH HEALING ANTIOXIDANTS.

Cacao • Cinnamon • Chaga • Cordyceps • Lion's Mane • Maitake

Served with milk of your choice. Sweetened with organic date sugar from Coachella Valley

MIGHTY TURMERIC LATTE 15

WARMING, ENERGIZING, AND DEEPLY NOURISHING.
A GROUNDING LATTE, MADE WITH ANTI-INFLAMMATORY PLANT MEDICINE.

Turmeric • Ginger • Astragalus • Tulsi • Pepper

Served with milk of your choice.

AYURVEDIC DETOX TEA 14

A REVITALIZING TEA THAT CLEANSSES AND DETOXIFIES WHILE AIDING DIGESTION, METABOLISM AND IMMUNITY.

Cumin Seed • Coriander Seed • Fennel Seed

from Mountain Rose Herbs

SURYA SPA IS LOCATED ON THE GROUND FLOOR OF THE SANTA MONICA PROPER HOTEL, FACING WILSHIRE BLVD. BOOK YOUR WELLNESS TREATMENTS ONLINE AT SURYASPA.COM.

WELLNESS JUICES

SUNSHINE 18

orange, apple, aloe vera, tumeric, lemon, black pepper supports immune & digestive health

MORNING GREENS 18

cucumber, celery, spinach, lemon, kale, parsley immune system reboot & boosts energy

BEETLE 18

apple, lemon, ginger, beet powerful anti-inflammatory & supports immune system

SWEET CITRUS 18

apple, pineapple, lemon, mint supports immune system & digestive health

JUICES 10

choice of orange, grapefruit or pineapple

FRESH SMOOTHIES

BLENDED WITH YOUR CHOICE OF PLANT-BASED MILK: ALMOND, COCONUT, OR OAT MILK

PACIFIC BLUE 20 V GF

blue spirulina, coconut, dates, pineapple, blueberries, banana

SUPER GREENS 20 V GF

banana, baby spinach, green superfood, young coconut meat

MUSCLE BEACH 20 V GF N

Form chocolate peanut vegan protein powder, maca, banana

AMAZON BERRY 20 V GF N

açai, banana, market berries, bee pollen, coconut, raw honey

STRAWBERRY GLOW 20 V GF

Moon Juice collagen powder, strawberries, coconut, banana

CAFFE

FROM OUR FRIENDS AT COUNTER CULTURE

SERVED WITH YOUR CHOICE OF MILK

ESPRESSO 7

AMERICANO 7

CAPPUCCINO 8

LATTE 8

ORGANIC POWDER ADD-INS

FORM VANILLA VEGAN PROTEIN POWDER +6 V GF

MOON JUICE COLLAGEN POWDER +4 V GF

supports muscle and bone health, improves skin health, improves hydration, supports natural collagen production, plant-based

AMAZING GRASS GREENS BLEND SUPERFOOD +4 V GF

supports digestive health & immunity source of energy, vitamins, fibers & antioxidants

NAVITAS MACA SUPERFOOD +6 V GF

increases stamina & energy regulates mood, sleep & metabolism

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